

## OVERVIEW OF OUR UE TRAINING APPROACH

### Our Training Philosophy

Training is more than just a series of “one off” workshops; it is a vital component of creating a cohesive and supportive educational environment. It provides an opportunity for staff to develop a common language and framework that can be applied across various situations. By participating in these trainings, educators can connect their professional learning with school policies, practices, and culture, ultimately benefiting our students.

### H.E.A.L.

Unconditional Education’s professional development opportunities are called H.E.A.L. because all our culture and climate work is trauma-informed and healing-centered and therefore designed to heal our systems and communities so that students and adults thrive.

The H.E.A.L. training series is a comprehensive program designed to foster personal and collective growth through its four key threads: Heal, Engage, Align, and Lead. Each thread addresses critical aspects of professional development, focusing on trauma-informed practices, behavior intervention, relationship-building, culture and climate alignment, and leadership skills.

Our professional development offerings fall under one of the following Training Series which is designed to go in order from H to L:

#### Heal

Trauma-Informed, Healing Centered, Behavior Management

#### Engage

Team building, Relationship-centered, Communication Strategies

#### Align

Culture, Climate, Practices, and Policies

#### Lead

Leadership Development and Coaching

### CONTACT US

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## **UE Trainings**

We are excited to offer a range of dynamic trainings designed to address critical areas in education. UE trainings include 6 Trainings that are recommended for all partnerships. Each training consists of multiple modules. Trainings are flexible in terms of duration and module pairings so that Unconditional Education can work with the time restraints of professional development. So, if there is only 25 minutes during a PD to do a training, UE's content is flexible and designed to work within those time constraints.

These trainings are a part of HEAL and can be taken based on a school's training calendar over a span of time determined by the school.

### **Beyond Trauma: Healing Centered Education**

- Focus on trauma-informed practices that promote healing and resilience.

### **Understanding and Responding to Challenging Behaviors**

- Strategies for effectively managing and responding to student behaviors in constructive ways.

### **Communicate to Collaborate: Relationship and Team Building**

- Techniques for fostering collaboration among staff for improved student outcomes.

### **Together we Thrive: Engaging with Families**

- Building strong partnerships with families to support student success.

### **Collective Well-Being: Community Care**

- Promoting the well-being of both staff and students as a foundation for a thriving school community.

### **Unseen Influences: Unpacking Implicit Bias**

- Understanding and addressing implicit biases to create an equitable learning environment.

## **Flexible Training Options**

We recognize the demands of your schedule, which is why our trainings are designed with flexibility in mind. Each module can be tailored to fit into professional development meetings, grade-level meetings, or committee sessions. This adaptability ensures that your staff can engage in meaningful learning without disrupting their daily responsibilities.

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