



## Unconditional Education Professional Development Menu

### Unconditional Education (UE)

UE is a whole-school model that seeks to disrupt the cycle of poor achievement and exclusion by transforming schools into communities in which all students are welcomed and can thrive. UE is a holistic, multi-tiered system of supports (MTSS) that pairs evidence-based academic, behavioral, and social-emotional interventions with an intentional focus on overall school culture and climate.

### What is H.E.A.L.?

The H.E.A.L. training series is a comprehensive program designed to foster personal and collective growth through its four key threads: Heal, Engage, Align, and Lead. Each thread addresses critical aspects of professional development, focusing on trauma-informed practices, behavior intervention, relationship-building, culture and climate alignment, and leadership skills.

Our partnership is built on aligned vision and commitment to creating school communities where all students can thrive. To this end, we work with schools to build the capacity of all staff, so they feel successful in supporting the diverse needs of students.

The training sessions outlined below can be tailored to meet your professional development needs. All training can be offered as stand-alone sessions or we can partner to design the scope of sessions that meet your school community's needs. If you do not see exactly what you are looking for on this menu, please let us know. We have a team of professionals with experience designing and tailoring content for school communities.

Please see our menu of trainings below.

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# HEAL

<b>Beyond Trauma: Healing Centered Education</b>	<p>By embracing Healing-Centered Engagement and Trauma-Informed principles, educators unlock the potential to cultivate thriving learning environments where every student feels valued and empowered. This dynamic approach moves away from victim-centered perspectives, instead recognizing students as active agents in their own growth, with a strong emphasis on cultural identity, community connection, and collective healing</p>
<b>Understanding Challenging Behaviors</b>	<p>By exploring the connections between trauma, behavior, and emotional regulation, participants will gain insight into how adverse experiences shape students' actions. The session also examines the role of power dynamics and implicit bias in shaping our perceptions of behavior, encouraging staff to reflect on how these factors influence their responses and interactions with students.</p>
<b>Responding to Challenging Behaviors</b>	<p>Responding to Challenging Behaviors delves deep into the behavioral escalation cycle, equipping participants with the knowledge and tools necessary to foster a positive learning environment. Participants will learn trauma-informed strategies to proactively prevent and effectively de-escalate problem behaviors.</p>

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# ENGAGE

<b>Communicate to Collaborate: Relationship and Team Building</b>	Unleash the power of proactive communication and positive teamwork! This training explores the impact of power and privilege on group dynamics and equips you with practical strategies to build a more collaborative school culture.
<b>Together We Thrive: Engaging with Families</b>	This training equips educators with the tools and insights to foster meaningful family engagement. Through self-reflection, overcoming communication barriers, and exploring effective strategies, participants will enhance collaboration with families, enriching student learning and building a supportive educational community.
<b>Collective Well-Being: Community Care</b>	This is a transformative training designed to empower educators with the tools necessary to cultivate personal and community wellness. Through exploring the impact of stress and moral injury, redefining self-care through a radical and healing-centered lens, and fostering collective care practices, participants will develop actionable plans for sustainable well-being, build supportive relationships, and create a thriving educational environment.
<b>Unseen Influences: Unpacking Implicit Bias</b>	This Implicit Bias Training is designed to foster a more equitable and inclusive environment in education. Participants will uncover the nature and origins of implicit bias, recognize its impact on educators and students, and gain actionable strategies to interrupt bias, promoting a thriving community for all.

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### ALIGN

**Connect with  
UE Program  
Staff to  
explore  
professional  
development  
opportunities.**

Discover transformative systems and equity-driven strategies to cultivate a thriving, inclusive school environment. Powered by Unconditional Education (UE), ALIGN equips you to build a welcoming space where every student succeeds. Unleash the power of frameworks such as restorative practices and courageous conversations to revolutionize your school's climate.

### LEAD

**Connect with  
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professional  
development  
opportunities.**

LEAD is Unconditional Education's (UE) advanced leadership development training thread for school and district partners. Through customized coaching and consultation, LEAD cultivates leadership skills by enhancing facilitation, emotional intelligence, and team coaching from a healing-centered perspective. Empowering leaders to drive change and inspire teams, LEAD builds on UE's mission to improve school climate and create inclusive learning environments.